

Health is down. Costs are up. Care needs a boost.

77% of people see pharmacists as a key component of their health care team.¹ Today, America's pharmacists are beginning to expand their roles in the health care continuum with wellness screenings, telepharmacy counseling, diagnosing acute conditions and prescribing medications to treat them.¹ As whole-person, value-based care becomes more coordinated, pharmacies play an increasingly important role on the care team to drive better patient adherence, clinical outcomes, satisfaction and overall health care savings.

Quality pharmacists within a strategic pharmacy network are the keys to building a pharmacy benefit plan that delivers on savings and an excellent member experience. Express Scripts PBM has been delivering quality pharmacy networks for over 30 years.

"As the shortage of doctors and nurses persists, and as complex new therapies and digital health care technology solutions are developed, the role of the pharmacist will continue to evolve."

 John McHugh, MBA, PhD, assistant professor at Columbia University Mailman School of Public Health.

Delivering Choice While Driving Savings

The Member Choice solution generates two holistic 30- and 90-day networks for members to choose from, creating a more efficient mix of network size, savings and quality while practically eliminating member disruption.

With Member Choice, we put your members in the driver's seat, deciding the pharmacy location and pharmacist care team that works best for them. And, since most people are creatures of habit and already have a relationship with a local pharmacist, they've already made their choice.

With this holistic network approach, members will get:

- Savings on two copays a year on 90-day fills. That's 29% less, on average, when compared to three 30-day supplies for maintenance medications.²
- Enhanced safety monitoring programs, increased rates of adherence and higher engagement.



Here's how it Works

We'll look at your population's claim history, then work with you set up two strategically-bundled network options for acute (30-day or less supply) and maintenance (90-day supply) prescriptions based on utilization.

Both options will include access to major chains, plus thousands of regional pharmacies, and independent locations.

Most members already have a pharmacy of choice, so we'll use that as their designated network option, honoring the member's existing preferences.

Similar to medical benefit designs, members can switch between options one time per calendar year and when experiencing a life event, like relocation. We make the process of switching easy. Members simply log in to express-scripts.com to make the change.

30-day

Express Scripts National networks will cover the 30-day benefit. National has significant savings by providing access to one major chain, either CVS or Walgreens, in addition to thousands of regional pharmacies and independent locations.

90-day

You can keep your current 90-day benefit or let us help you select a new 90-day solution that matches your goals of increasing savings and therapy adherence. We can also include a home delivery option from Express Scripts® Pharmacy.

— The 30- and 90-day locations will match, enabling a seamless member experience. —

Hands-On Member Support

At our core, we're about making sure people have access to affordable, high-quality care. Whether in person, over the phone or digitally, members get the help they need if a change in pharmacy locations is needed:

- 24/7 web and mobile tools help members manage prescription costs and locate pharmacies.
- Personalized member communications, including emails, texts, and letters for a smooth transition.
- Help with prescription transfers, including contacting physicians if needed.
- One-on-one conversations when members have clinical questions.



Member Choice delivers substantial savings to your plan - up to \$60 PMPY!3

Take your first step toward a more holistic network management strategy that generates value for your plan, while practically eliminating member disruption concerns.

Contact your Express Scripts Account Representative today.

Savings based on claims from members who moved from a 1-month supply at a retail
pharmacy to a 3-month supply with home delivery from Express Scripts® Pharmacy from
Jan. to Dec. 2020. Members met their plan deductible. Does not include Medicare or
federal government plans. Member savings may vary based on plan design.





The Prescription of Trust, Columbia University Mailman School of Public Health, 2021, https://www.publichealth.columbia.edu/sites/default/files/the_prescription_of_trust_final.pdf