

PRIOR AUTHORIZATION POLICY

POLICY: Inflammatory Conditions – Cosentyx Prior Authorization Policy

- Cosentyx® (secukinumab subcutaneous injection – Novartis)

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OVERVIEW

Cosentyx, an interleukin (IL)-17A antagonist, is indicated in the following conditions:¹

- **Plaque psoriasis**, in patients ≥ 6 years of age with moderate to severe disease who are candidates for systemic therapy or phototherapy.
- **Psoriatic arthritis**, in adults with active disease (given \pm methotrexate).
- **Ankylosing spondylitis**, in adults with active disease.
- **Non-radiographic axial spondyloarthritis**, in adults with active disease and objective signs of inflammation.

In the pivotal trial for non-radiographic axial spondyloarthritis, patients were required to have objective signs of inflammation, indicated by elevated C-reactive protein and/or sacroiliitis on magnetic resonance imaging.

Guidelines

IL-17 blockers are mentioned in multiple guidelines for treatment of inflammatory conditions. Guidelines recommend assessment of response to initial therapy, most often following 3 months of therapy.

- **Plaque Psoriasis:** Joint guidelines of care for the management and treatment of psoriasis with biologics were published by the American Academy of Dermatology (AAD) and the National Psoriasis Foundation (2019).³ All of the biologics are generally recommended for treatment of moderate to severe disease. The AAD also recommends methotrexate (unless contraindicated) and other systemic therapies for treatment of moderate to severe psoriasis.⁴ Traditional systemic agents can benefit widespread psoriasis. Studies have assessed response to methotrexate following 6 weeks to 4 months of treatment.
- **Psoriatic Arthritis:** Guidelines from the American College of Rheumatology (ACR)/National Psoriasis Foundation (2018) generally recommend tumor necrosis factor inhibitors (TNFi) as the first-line treatment strategy over other biologics (e.g., IL-17 blockers) with differing mechanisms of action.⁵
- **Spondyloarthritis:** Guidelines for ankylosing spondylitis and non-radiographic axial spondyloarthritis are published by the ACR/Spondylitis Association of America/Spondyloarthritis Research and Treatment Network (2019).² Following primary nonresponse to a TNFi, either Cosentyx or Taltz is recommended; however, if the patient is a secondary nonresponder, a second TNFi is recommended over switching out of the class. In patients with a contraindication to a TNFi, use of an IL-17 blocker is recommended over traditional oral agents such as methotrexate or sulfasalazine.

POLICY STATEMENT

Prior Authorization is recommended for prescription benefit coverage of Cosentyx. Because of the specialized skills required for evaluation and diagnosis of patients treated with Cosentyx as well as the monitoring required for adverse events and long-term efficacy, initial approval requires Cosentyx to be prescribed by or in consultation with a physician who specializes in the condition being treated. All

approvals are provided for the duration noted below. In cases where the approval is authorized in months, 1 month is equal to 30 days.

Automation: None.

RECOMMENDED AUTHORIZATION CRITERIA

Coverage of Cosentyx is recommended in those who meet the following criteria:

FDA-Approved Indications

1. **Ankylosing Spondylitis.** Approve for the duration noted if the patient meets ONE of the following (A or B):
 - A) **Initial Therapy.** Approve for 3 months if Cosentyx is prescribed by or in consultation with a rheumatologist.
 - B) **Patient is Currently Receiving Cosentyx.** Approve for 3 years if the patient has had a response, as determined by the prescriber.

Note: Examples of a response include decreased pain or stiffness, improved function or activities of daily living. The patient may not have a full response, but there should have been a recent or past response to Cosentyx.

2. **Non-Radiographic Axial Spondyloarthritis.** Approve for the duration noted if the patient meets ONE of the following (A or B):
 - A) **Initial Therapy.** Approve for 3 months if the patient meets BOTH of the following (i and ii):
 - i. Patient has objective signs of inflammation, defined as at least one of the following (a or b):
 - a) C-reactive protein elevated beyond the upper limit of normal for the reporting laboratory;
OR
 - b) Sacroiliitis reported on magnetic resonance imaging; AND
 - ii. The medication is prescribed by or in consultation with a rheumatologist.
 - B) **Patient is Currently Receiving Cosentyx.** Approve for 3 years if the patient has had a response, as determined by the prescriber.

Note: Examples of a response include decreased pain or stiffness, improved function or activities of daily living. The patient may not have a full response, but there should have been a recent or past response to Cosentyx.

3. **Plaque Psoriasis.** Approve for the duration noted if the patient meets ONE of the following (A or B):
 - A) **Initial Therapy.** Approve for 3 months if the patient meets ALL of the following criteria (i, ii, and iii):
 - i. Patient is ≥ 6 years of age; AND
 - ii. Patient meets ONE of the following conditions (a or b):
 - a) Patient has tried at least at least one traditional systemic agent for psoriasis for at least 3 months, unless intolerant; OR

Note: Examples include methotrexate, cyclosporine, acitretin, or psoralen plus ultraviolet A light (PUVA). An exception to the requirement for a trial of one traditional systemic agent for psoriasis can be made if the patient has already has a 3-month trial or previous intolerance to at least one biologic for this condition. (Refer to [Appendix](#) for examples of biologics used for psoriasis.) A patient who has already tried a biologic for psoriasis is not required to “step back” and try a traditional systemic agent for psoriasis).
 - b) Patient has a contraindication to methotrexate, as determined by the prescriber; AND

- iii. The medication is prescribed by or in consultation with a dermatologist.
 - B) Patient is Currently Receiving Cosentyx. Approve for 3 years if the patient has responded, as determined by the prescriber.
Note: Patient may not have a full response, but there should have been a recent or past response to Cosentyx.
4. **Psoriatic Arthritis**. Approve for the duration noted if the patient meets ONE of the following (A or B):
- A) Initial Therapy. Approve for 3 months if Cosentyx is prescribed by or in consultation with a rheumatologist or a dermatologist.
 - B) Patient is Currently Receiving Cosentyx. Approve for 3 years if the patient has responded, as determined by the prescriber.
Note: Examples of a response include less joint pain, morning stiffness, or fatigue; improved function or activities of daily living; decreased soft tissue swelling in joints or tendon sheaths; improvements in acute phase reactants (for example, C-reactive protein). The patient may not have a full response, but there should have been a recent or past response to Cosentyx.

CONDITIONS NOT RECOMMENDED FOR APPROVAL

Coverage of Cosentyx is not recommended in the following situations:

1. **Concurrent Use with other Biologics or Targeted Synthetic Disease-Modifying Antirheumatic Drugs (DMARDs)**. Cosentyx should not be administered in combination with another biologic or targeted synthetic DMARD used for an inflammatory condition (See [Appendix](#) for examples). Combination therapy is generally not recommended due to a potential for a higher rate of adverse effects with combinations and lack of evidence for additive efficacy.
Note: This does NOT exclude the use of conventional synthetic DMARDs (e.g., methotrexate, leflunomide, hydroxychloroquine, and sulfasalazine) in combination with Cosentyx.
2. **Crohn's Disease**. Exacerbations of Crohn's disease, in some cases serious, occurred in clinical trials with Cosentyx-treated patients.¹ In a Phase II published study in patients with Crohn's disease (n = 59), an intravenous formulation of Cosentyx did not reduce the Crohn's disease activity index by ≥ 50 points compared with placebo and the study was terminated prematurely.⁶
3. **Rheumatoid Arthritis**. In a published, double-dummy Phase III study, Cosentyx was less effective than current treatments in patients with rheumatoid arthritis who were previously treated with a TNFi.⁷ Patients were randomized to one of four treatment groups: 1) induction with an intravenous formulation of Cosentyx (10 mg/kg) followed by Cosentyx 150 mg subcutaneously given once every 4 weeks Q4W [n = 137]; 2) secukinumab intravenous induction (10 mg/kg) followed by Cosentyx 75 mg subcutaneously Q4W (n = 138). At Week 24, ACR 20 response was significantly better with Cosentyx 150 mg subcutaneously (31%) and Orencia intravenous (43%) vs. placebo (18%). ACR 50 response with Cosentyx 75 mg was 28%, which was not significantly better than the placebo group. ACR 50/70 responses were 17%/10% with Cosentyx 150 mg and 12%/5% with Cosentyx 75 mg which was not significantly different than placebo (9%/5%). The group treated with Orencia intravenous had significantly improved ACR 50/70 responses at Week 24 (28%/12%). Using as observed data, ACR 20/50/70 responses at Week 52 were 63%/46%/19% with Cosentyx 150 mg, 57%/26%/7% with Cosentyx 75 mg, and 75%/52%/23% with Orencia intravenous. There is a published Phase II dose-ranging study (n = 237) evaluating Cosentyx in rheumatoid arthritis.⁸⁻¹⁰ The ACR 20 response at Week 16 (using last observation carried forward analysis) was 34%, 46.9%, 46.5%, 53.7% for the 25, 75, 150, and 300 mg doses vs. 36% for placebo; however, this did not

achieve statistical significance. After Week 16, patients who responded to Cosentyx sustained their response through Week 52 with patients on the 150 mg dose having the greatest improvement over time (55% and 40% of patients with ACR 50 and ACR 70 responses, respectively, at Week 52). In another Phase II study, Cosentyx did not achieve higher ACR 20 response rates at Week 12 vs. placebo.¹¹ There was an open-label treatment period where ACR responses were generally maintained through Week 52. Some patients were treated with an intravenous formulation of secukinumab and generally responded similarly to those treated with Cosentyx. In another Phase II study, an intravenous formulation of secukinumab demonstrated limited efficacy in biologic-naïve patients with rheumatoid arthritis associated with the HLA-DRB1 allele.¹²

4. **Uveitis.** Efficacy is not established for this condition. There was not a statistically significant difference between Cosentyx SC and placebo in three Phase III studies that included patients with Behcet's uveitis (n = 118); active, noninfectious, non-Behcet's uveitis (n = 31); and quiescent, noninfectious, non-Behcet's uveitis (n = 125) [SHEILD, INSURE, and ENDURE studies, respectively].¹³
5. Coverage is not recommended for circumstances not listed in the Recommended Authorization Criteria. Criteria will be updated as new published data are available.

REFERENCES

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APPENDIX

	Mechanism of Action	Examples of Inflammatory Indications*
Biologics		
Adalimumab SC Products (Humira [®] , biosimilars)	Inhibition of TNF	AS, CD, JIA, PsO, PsA, RA, UC
Cimzia[®] (certolizumab pegol SC injection)	Inhibition of TNF	AS, CD, nr-axSpA, PsO, PsA, RA
Etanercept SC Products (Enbrel [®] , biosimilars)	Inhibition of TNF	AS, JIA, PsO, PsA
Infliximab IV Products (Remicade [®] , biosimilars)	Inhibition of TNF	AS, CD, PsO, PsA, RA, UC
Simponi[®], Simponi[®] Aria[™] (golimumab SC injection, golimumab IV infusion)	Inhibition of TNF	SC formulation: AS, PsA, RA, UC
		IV formulation: AS, PJIA, PsA, RA
Actemra[®] (tocilizumab IV infusion, tocilizumab SC injection)	Inhibition of IL-6	SC formulation: PJIA, RA, SJIA
		IV formulation: PJIA, RA, SJIA
Kevzara[®] (sarilumab SC injection)	Inhibition of IL-6	RA
Orencia[®] (abatacept IV infusion, abatacept SC injection)	T-cell costimulation modulator	SC formulation: JIA, PSA, RA
		IV formulation: JIA, PsA, RA
Rituximab IV Products (Rituxan [®] , biosimilars)	CD20-directed cytolytic antibody	RA
Kineret[®] (anakinra SC injection)	Inhibition of IL-1	JIA [^] , RA
Stelara[®] (ustekinumab SC injection, ustekinumab IV infusion)	Inhibition of IL-12/23	SC formulation: CD, PsO, PsA, UC
		IV formulation: CD, UC
Siliq[™] (brodalumab SC injection)	Inhibition of IL-17	PsO
Cosentyx[™] (secukinumab SC injection)	Inhibition of IL-17A	AS, nr-axSpA, PsO, PsA
Taltz[®] (ixekizumab SC injection)	Inhibition of IL-17A	AS, nr-axSpA, PsO, PsA
Ilumya[™] (tildrakizumab-asmn SC injection)	Inhibition of IL-23	PsO
Skyrizi[™] (risankizumab-rzaa SC injection)	Inhibition of IL-23	PsO
Tremfya[™] (guselkumab SC injection)	Inhibition of IL-23	PsO
Entyvio[™] (vedolizumab IV infusion)	Integrin receptor antagonist	CD, UC
Targeted Synthetic DMARDs		
Otezla[®] (apremilast tablets)	Inhibition of PDE4	PsO, PsA
Olumiant[®] (baricitinib tablets)	Inhibition of JAK pathways	RA
Rinvoq[®] (upadacitinib extended-release tablets)	Inhibition of JAK pathways	RA
Xeljanz[®] (tofacitinib tablets)	Inhibition of JAK pathways	RA, PJIA, PsA, UC
Xeljanz[®] XR (tofacitinib extended-release tablets)	Inhibition of JAK pathways	RA, PsA, UC

* Not an all-inclusive list of indication (e.g., oncology indications and rare inflammatory conditions are not listed). Refer to the prescribing information for the respective agent for FDA-approved indications; SC – Subcutaneous; TNF – Tumor necrosis factor; IV – Intravenous, IL – Interleukin; PDE4 – Phosphodiesterase 4; JAK – Janus kinase; AS – Ankylosing spondylitis; CD – Crohn’s disease; JIA – Juvenile idiopathic arthritis; PsO – Plaque psoriasis; PsA – Psoriatic arthritis; RA – Rheumatoid arthritis; UC – Ulcerative colitis; nr-axSpA – Non-radiographic axial spondyloarthritis; ^ Off-label use of Kineret in JIA supported in guidelines; DMARDs – Disease-modifying antirheumatic drug.